

DAY 20

THE DEVIL



The Devil

Compulsion, appetite, and voluntary bondage

DATE

TIME

ENERGY

CARD DRAWN

CONTEXT

The Devil is the card of bargains that cost more than they first appear to. It governs fixation, seduction, dependency, numbing, and the stories used to preserve them.

JOURNAL PROMPTS

- What habit, attachment, or fantasy currently has more authority over me than I admit?
- What reward am I still receiving from this pattern?
- What does this loop allow me to avoid feeling or risking?
- Where do I say “I can’t” when the truth is “I do not yet want to pay the price of change”?
- What would freedom from this pattern require in practical terms?

JOURNAL RESPONSE

The Devil Integration

Convert symbolism into action.

SHADOW TO WATCH

Calling compulsion fate.

WHERE THIS PATTERN APPEARS IN MY LIFE

EMBODIMENT ACTION

Name the loop in a single unsentimental sentence. Then remove one trigger or point of easy access today.

SPECIFIC ACTION I WILL TAKE

IF / THEN PLAN

WHAT I KNOW NOW THAT I DID NOT ADMIT AT THE START